

# FAMILY EVENTS AND ACTIVITIES

## Mondays – Fridays

- **Barriere Group Daycare** – 9 AM – 11 AM – Early Learning Program. 7:30 AM– 5:30 PM – Early Learning Licensed Daycare Provided.
- **Strong Start** - 9:00 AM – 12:00 PM - All days Elementary School in Operation. Barriere Elementary School, 4475 Airfield Rd, 250-672-9916.

## Tuesdays

- **Library open from 10:30 AM – 4:30 PM**
- **Fun Fit 4 Tots – 10:30 AM – 1:30 PM. Free.** Parent child drop-in for fun indoor activities. Located at Yellowhead Community Services Gymnasium, 4936 Barriere Town Rd.

## Wednesdays

- **Healthy Beginnings (0-6 yrs).** 10:00 AM-12:00 PM. Free. Parent child drop in group offering a safe, supportive opportunity for young children and their parents to get together on a regular basis. Located at Yellowhead Community Services Family Resource Room, 4936 Barriere Town Road. Games, songs, crafts, snacks, stories. For info call Shelley at 319-7470.
- **Library open 10:30 AM – 3:30 PM**
- **Parenting Wisely.** 10:00 AM – 3:00 PM. Free. Self-directed computer modules that prompt as you go. This is a one-on-one program designed for parents with children of preschool, elementary and high school age. Laptop available Wednesdays only. For more information or to make an appointment, call Yellowhead Community Services at 672-9773.

## Thursdays

- **Thrift Store Shopping.** 10:00 AM – 2:00 PM. Barriere United Church. Wonderful deals on children's clothing.
- **Library open 10:30 AM – 4:30 PM**
- **Child Health Clinic** – Every second Thursday. Adult/child immunizations and health counseling at Barriere Health Unit. Call to book an appointment 672-5515.
- **Fun Fit 4 Tots – 10:30 AM – 1:30 PM. Free.** Parent child drop-in for fun indoor activities. Located at Yellowhead Community Services Gymnasium, 4936 Barriere Town Rd.

## Fridays

- **Library open 2:00 PM – 7:00 PM**
- **Story Time (3-5 yrs).** 11:00 AM -12:00 PM Free. Barriere Public Library. For more information call 672-5811.

## Saturdays

- **Library open 10:30AM – 2:30 PM**
- **Story Time (3-5 yrs).** 11:00 AM -12:00 PM Free. Barriere Public Library. For more information call 672-5811.

<b>HANDY LOCAL NUMBERS</b>			
<b>Barriere and District Food Bank</b>	<b>672-0029</b>	<b>Dietician Services – Joanne Curtis</b>	<b>314-2740</b>
<b>Barriere Doctors' Offices</b>	<b>672-9795</b>	<b>Enquiry BC</b>	<b>1-800-663-7867</b>
<b>Barriere Elementary School</b>	<b>672-9916</b>	<b>Employment Standards &amp; Assistance</b>	<b>1-866-866-0800</b>
<b>Barriere Employment Centre</b>	<b>672-0036</b>	<b>Healthy Beginnings Facilitator – Shelley Piva</b>	<b>319-7470</b>
<b>Barriere Families First – Shelley Piva</b>	<b>319-7470</b>	<b>Infant Development Program – Hethar Rodriguez</b>	<b>674-2600</b>
<b>Barriere Health Centre</b>	<b>672-9731</b>	<b>Little Fort Ambulance – Non-Emergency</b>	<b>674-3356</b>
<b>Barriere High School</b>	<b>672-9943</b>	<b>Ambulance-Fire-Police Emergency</b>	<b>911</b>
<b>Barriere Public Library</b>	<b>672-5811</b>	<b>McLure Community Centre</b>	<b>672-5117</b>
<b>Barriere RCMP Detachment Non-Emergency</b>	<b>672-9918</b>	<b>Ministry for Children and Family Development</b>	<b>672-1026</b>
		<b>- Barriere – 672-1026 Clearwater – 1-250-674-6810 OR **Enquiry BC **</b>	
<b>Police Emergency</b>	<b>911</b>	<b>North Thompson Recreation Society – Mary</b>	<b>672-5802</b>
<b>Barriere Scouting – Beavers &amp; Cubs: Wim</b>	<b>672-9330 or Kelly 672-9683</b>	<b>Public Health Nursing</b>	<b>672-5515</b>
<b>Barriere Success By 6 – Adrienne Gordon</b>	<b>672-0014</b>	<b>Poison Control Centre</b>	<b>1-800-567-8911</b>
<b>Success By 6 Aboriginal Engagement Coordinator – Cindy Wilgosh</b>	<b>674-2600</b>	<b>Red Cross Medical Equipment Loan Service – Jan Milburn</b>	<b>672-9391</b>
<b>Barriere Volunteer Fire Department</b>	<b>672-9711</b>	<b>Safe Home Response</b>	<b>682-6444</b>
<b>Barriere Volunteer Office- Donna</b>	<b>672-0033</b>	<b>Simpchw Health Centre</b>	<b>672-9995</b>
<b>BC Nurse Line/ Health Link BC/Dietician/ Pharmacist</b>	<b>811</b>	<b>Stopping the Violence Counselling for Women – Irene Crick</b>	<b>672-9773</b>
<b>Children Who've Witnessed Abuse Counselling – Irene Crick</b>	<b>672-9773</b>	<b>Yellowhead Community Services</b>	<b>672-9773</b>
<b>Child Youth Mental Health – Bruce McLeod</b>	<b>674-6810</b>	<b>- Barriere Ridge Daycare – Ext. #230</b>	<b>672-9773</b>
<b>Counselling Services, Mental Health &amp; Addictions - appointments</b>	<b>672-9773</b>	<b>**Enquiry BC 1-800-663-7867 is a toll free service providing free call transfers to any Provincially funded program or service in BC**</b>	



**Family Events and Activities**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Strong Start Child Health Clinic	2 Story Time	3 Story Time
4	5 Strong Start 	6 Strong Start 	7 Strong Start Healthy Beginnings Parenting Wisely 	8 Strong Start Child Health Clinic	9 Strong Start Story Time 	10 Story Time
11	12 <b>HAPPY THANKSGIVING</b> <b>NO SCHOOL</b> 	13 Strong Start 	14 Strong Start Healthy Beginnings Parenting Wisely 	15 Strong Start Child Health Clinic	16 Strong Start Story Time 	17 Story Time
18	19 Strong Start 	20 Strong Start 	21 Strong Start Healthy Beginnings Parenting Wisely 	22 Strong Start Child Health Clinic	23 <b>NO SCHOOL</b> Story Time 	24 Story Time
25	26 Strong Start 	27 Strong Start Fun Fit 4 Tots 	28 Strong Start Healthy Beginnings Parenting Wisely 	29 Strong Start Child Health Clinic Fun Fit 4 Tots	30 Strong Start Story Time 	31 <b>HAPPY HALLOWEEN</b> Story Time 

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