



RESOURCES

Local Food Retailers

[Thompson-Shuswap Buy Local! Buy Fresh! Map](#)

[BC Association of Farmers Markets](#)

Clearwater Farmers Market

Anne Baker

tel: 250-674-3444

email: schoolcreekfarm@gmail.com

<https://www.facebook.com/clearwaterfarmersmarket/?fref=ts>

Forest House Wellness Centre

Sharon Neufeld

717 Clearwater Village Rd.

Clearwater, B.C., V0E 1N1

tel: 250-674-2538

email: info@foresthousewellness.ca

<http://foresthousewellness.ca/>

<https://www.facebook.com/ForestHouseWellnessCentreAndGardens/?fref=ts>

Organic Garden Market

Janet or Amy Ziorio

436 Clearwater Station Road

Clearwater, BC

tel: 250-674-3779

Carl's Market

Brian & Brenda Carl
272 McLure Ferry Road
Mclure BC V0E 2H0
tel: 250-672-9366
home: 250-672-5795
email: brian_carl@xplornet.com

Rooted by the River Nursery

Jeff & Andrea Lamond
56 Clearwater Station Road
Clearwater, BC
tel: 250-674-4089 or 250-674-7111
home: 250-674-4047
email: info@rootedbytheriver.ca
web: www.rootedbytheriver.ca

School Creek Farm

Anne Baker
1110 Barber Road
Clearwater, BC
tel: 250-674-3444
email: schoolcreekfarm@gmail.com

Watersmeet Farm

Jerrard and Donna-Kay Brown
309 Kamloops Street, Barriere BC
(across the tracks at the end of Lily Road)
tel: 250-672-5159
email: jerdonbrown1@gmail.com

MacLennan Farms

Warren or Clyde MacLennan
1154 E. Yellowhead S. Hwy 5
Clearwater, BC
tel: 250-674-1281
Web: <https://www.facebook.com/macLennanfarms/>

Aveley Alpine Lamb

Ian & Karen Moilliet

2721 Birch Island, Lost Creek Road

Vavenby, BC, V0E 3A0

tel: 250.676.9574

fax: 250.676.9575

email: sales@aveleyranch.com

web: <http://www.aveleyranch.com/>

Daily Grain

Kris Olson

email: daily.grain.bread@gmail.com

<https://www.facebook.com/DailyGrainBread/>

Cabot Homestead Natural Products

tel: 250.674.1775

email: cabothomestead@gmail.com

<http://cabothomestead.wixsite.com/home>



GARDENING, COMPOSTING AND SEED SAVING

[Seeds of Diversity - Canada](#)

[BC Seeds](#)

[Clearwater Planting Guide](#)

[Victory Garden](#)

[Sprouting Seeds](#)

[TNRD Composting Guide](#)

Community Gardens and Clubs

Clearwater (see Community Garden page for more info)

Yellowhead Community Services
612 Park Dr., Clearwater, BC
250-674-3530

Avola

Bob Jensen
250-678-2320

Blue River

Caroline Lachapelle
581-999-2453

North Thompson Garden Club and Barriere Community Garden

Liz Gilbertson

Phone: 250-672-9337

Email: jamesgil@telus.net

Website: http://www.bcgardenclubs.com/clubs/north_thompson_valley_garden_club.html

Central North Thompson Rod and Gun Club

Ron & Gwen Anderson

phone: 250-674-3768

<http://cntrodandgunclub.weebly.com/>

Recipes and Food Preservation

[National Center for Home Food Preservation](#)

Lending Cupboard (see the “lending Cupboard” page for more info)

250-674-3530

GENERAL INTEREST

[Dirt! The Movie](#)

Food Banks, Soup Kitchens and Community Kitchens

Clearwater and District Food Bank

742 Clearwater Village Rd

Clearwater, BC

250-674-3402

Soup Kettle (see “Soup Kettle” page for more info)

Homemade soup and a bun by donation at the Elks Hall

Fridays, 11 AM – 1 PM (October – May)

Neighborhood Kitchen (see “Neighborhood Kitchen” page for more info)

612 Park Dr.

Thursdays (October – May)

250-674-2600 for more info

Good Food Box (see the “Good Food Box” page for more info)

250-674-2600